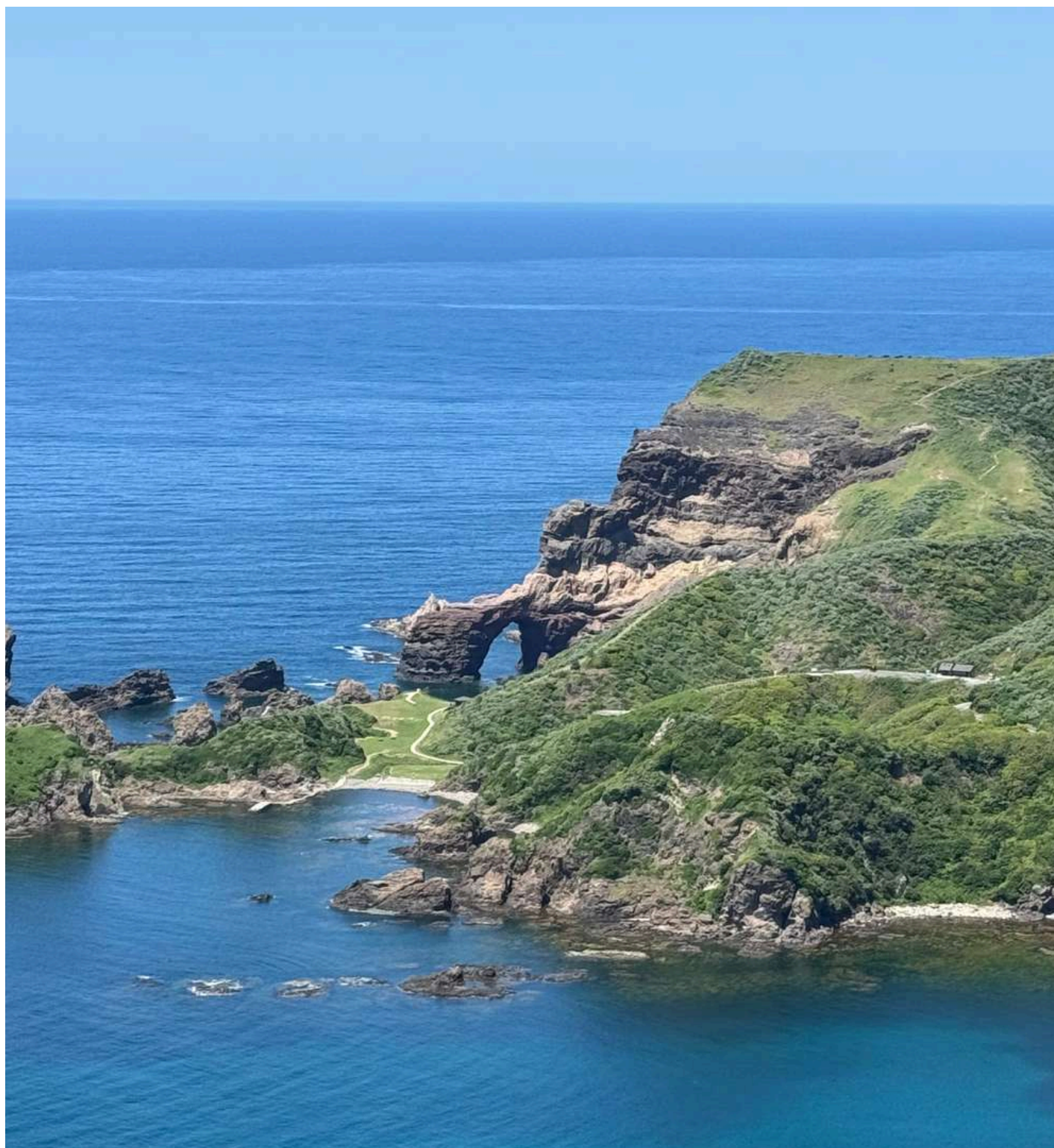


2026

NISHINOSHIMA

OKI ISLANDS, SHIMANE, JAPAN



VISITORS GUIDE

Welcome to Nishinoshima

Nestled in the Oki Islands of Shimane Prefecture, Nishinoshima is a small island town where dramatic landscapes, rich traditions and a slower pace of life come together. Towering sea cliffs, winding coastal roads, star-filled night skies and centuries-old cultural traditions create a destination that feels a world away from the bustle of modern life. Throughout the seasons, changing landscapes and colourful blooms ensure that every visit offers something new to discover.

Whether you're seeking outdoor adventures such as sea kayaking and hiking, hoping to capture spectacular scenery through your camera lens, or simply looking to unwind in peaceful surroundings, Nishinoshima invites you to experience authentic island life shaped by nature, history and the warmth of its local community.



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At a Glance

Island: Nishinoshima Island

Municipality: Nishinoshima Town

Passenger Port: Beppu Port

Location: Oki Islands, Shimane Prefecture

Area: 55.96km²

Population: Approximately 2,500

UNESCO Designation: Oki Islands UNESCO Global Geopark

National Park: Daisen-Oki National Park





Four Seasons on the Island

Spring (March-May):

As winter gives way to spring, Nishinoshima awakens with cherry blossoms, fresh greenery and the start of the tourism season. This is also the best time to savour seasonal Oki iwagki oysters. Temperatures begin to rise from mid-March, though mornings and evenings can still be cool. Mild afternoons are ideal for sightseeing, hiking and enjoying the island's coastal scenery.

Summer (June-August):

Summer bring vibrant festivals, marine activities and long, sunny days. The striking contrast of emerald-green hills against the deep blue sea creates some of the island's most memorable landscapes. Daytime temperatures can exceed 30 °C , while refreshing sea breezes help keep evenings comfortable.

Autumn (September-November):

Comfortable temperatures, crisp air and clear skies make autumn one of the best seasons for outdoor adventures. Whether exploring by bicycle, hiking scenic trails or photographing the island's changing colours, visitors can enjoy pleasant days and cool, star-filled nights.

Winter (December-February):

Winter is the island's quietest season, bringing strong winds, dramatic seascapes and fewer visitors. Ferry services may be delayed or cancelled due to rough sea conditions, and some accommodation and tourism facilities close for the season or during the New Year holidays. Visitors planning a winter trip are encouraged to check transport and accommodation availability in advance.

Explore Nishinoshima

Kuniga Coast:

A dramatic showcase of nature's artistry on the northwestern edge of Nishinoshima. Sky-scraping cliff, sea-carved arch and sweeping view makes it one of the most iconic sites in the Oki Islands.

Komukai & Funakoshi areas:

The historic Funabiki Canal and sandy Sotohama Beach are located here in the quiet residential area.

Sotohama
Beach

Mimiura
Campground

Furusatoka
Museum

Beppu Port

Matengai
Cliff

Tsūtenkyō
Arch

Nishinoshima
Community
Library

Yuhrahime
Shrine

Uragō Port

Akao
Lookout

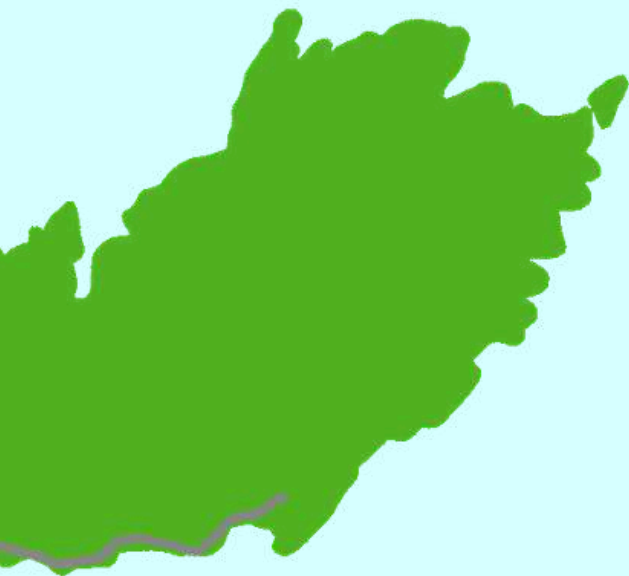
Uragō area:

This western hub is the most populated area on the island. Sightseeing boat and bus tours start here.

Mt. Takuhi

Takuhi Shrine





Beppu area:

Beppu serves as the gateway for ferries arriving from mainland Japan and neighbouring islands. Nishinoshima Tourism Association's office and tourist information desk are also located here.



Kacchan
Official PR mascot of Nishinoshima Town



Discover the Island

From dramatic sea cliffs and breathtaking viewpoints to ancient shrines and peaceful beaches, Nishinoshima is full of places waiting to be explored. Whether you're seeking spectacular scenery, cultural landmarks or quiet moments surrounded by nature, each destination reveals a different side of island life.

An aerial photograph of Matengai Cliff, showing a steep, dark rock face on the left side of the frame. The cliff drops down to a series of smaller rock formations and islets in the deep blue sea. The water transitions from a dark blue to a lighter turquoise near the shore. In the foreground, a grassy field with a wooden fence and a person walking is visible.

Matengai Cliff

Soaring to 257 metres, Matengai Cliff is among Japan's highest sea cliffs. From the top, the views are both humbling and unforgettable, offering a stunning panorama of the Sea of Japan.

The Kuniga Coast Hiking Trail connects the cliff top with the shore below, weaving through a common pasture. The mid-point of the trail provides the best vantage point for observing the cliff's sheer face, which, with its coloured rock layers, resembles a giant layered cake.

From Beppu Port:

🚗 : 25 min

🚲 : 1 hr

🚌 : Not available

Tsūtenkyō Arch

Shaped over thousands of years by wind and waves, the rock arch is one of the most photographed landmarks in the Oki region. Just a short walk from Kuniga Bay car park, this geological wonder is also a serene spot where visitors can feel the island's timeless connection to nature.

From Beppu Port:

🚗 : 25 min

🚲 : 40 min

🚌 : 34 min, alight at "Kuniga"

(2 buses daily, from mid-April to late October only)

Akao Lookout

Perched high above the Kuniga Coast, Akao Lookout offers sweeping views of Tsūtenkyō Arch, the Sea of Japan and the surrounding grasslands. At sunset, the view becomes more magical, with golden hues of the setting sun casting a warm glow across the landscape.

From Beppu Port:

🚗 : 25 min

🚲 : 1 hr 10 min

🚌 : Not available

Yurahime Shrine

Gently overlooking a small inlet, Yurahime Shrine holds a place of great historical and spiritual significance. It was once the ichinomiya (highest-ranking shrine) of the former Oki Province, and has been a place of worship and protection for seafarers for centuries.

A unique local legend connects the deity to shoals of squid mysteriously washed into the inlet in front of the shrine. As a result, you'll find many squid-related decorations within the shrine grounds.

From Beppu Port:

🚗 : 10 min

🚲 : 30 min

🚌 : 25 min, alight at "Yurahime Jinja"

Takuhi Shrine

Takuhi Shrine, a premier sacred site on the Oki Islands, is uniquely built into a natural cave high on Mt. Takuhi's forested slopes. Seamlessly blending into the rocky cliffside, this ancient sanctuary has served as a vital beacon of protection for mariners for centuries.

The 25-minute hike from the car park to the shrine building is short and enjoyable, and interesting flora and fauna can be observed.

From Beppu Port:

🚗 : 20 min

🚲 : 50 min

🚌 : Not available

Nishinoshima Furusato-kan Museum

Located near Beppu Port, Furusato-kan offers a rich introduction to the island's culture, history and everyday life. Inside, you'll find displays on island life, fishing tools, farming implements, and traditional festivals. This local museum is a great place to start your journey on the island.

Business Hours: 9am – 5pm (April through October)

International Visitor Admission Discount: JPY 150 per adult

*Please present your passport or residency card to get discounted admission.

From Beppu Port:

🚗 : 1 min

🚲 : 3 min



Furusato-kan Museum



Fifty shades of blue at Sotohama Beach

Events & Festivals to Attend

Throughout the year, Nishinoshima's festivals celebrate the island's history, traditions and close-knit community. Whether joining a lively mikoshi procession, witnessing centuries-old sacred dances or taking part in local events, visitors have many opportunities to experience the island's culture beyond its spectacular scenery.

Grand Festivals and Mikoshi Parades

Throughout the year, shrines host rituals and festivals to honour important events and pray for a bountiful harvest. However, every two years, the island comes alive with the grand mikoshi (portable shrine) parades of Takada Shrine, Yurahime Shrine, and Kai Shrine. Local residents carry the mikoshi through the streets, bringing blessings and good fortune to the community. The lively parade, solemn Kagura (Shinto dance) performance, and festive atmosphere make it a true cultural centrepiece of the island—an unmissable experience for anyone visiting Nishinoshima.

Odd-numbered years: Takada Shrine, Yurahime Shrine
Even-numbered years: Kai Shrine





Yurahime Shrine Grand Festival

Shūhaira / Niwa-no-mai

In contrast to the energetic atmosphere of the grand festivals, Shūhaira and Niwa-no-mai offer a more solemn experience. Shūhaira is a traditional Dengaku dance developed to celebrate and pray for a bountiful harvest. It has been officially designated as an Important Intangible Folk Cultural Property in Japan.

Though Shūhaira is performed at both Mita Hachiman Shrine and Hiyoshi Shrine, the costumes and choreography differ noticeably between the two, giving each performance its own unique character. Slow-paced and spiritually grounded, these sacred dances provide a rare glimpse into Nishinoshima's living heritage.



Shūhaira at Mita Hachiman Shrine
(Odd-numbered years)

Mikado Matsuri

(September, even-numbered years)

Mikado Matsuri commemorates Emperor Go-Daigo, who lived on Nishinoshima during his exile to the Oki Islands in the 14th century. Today, the festival combines local food, stage performances and community celebrations near Beppu Port and the Kuroki-gosho Imperial Residence Site.

Kuniga Biraki Festa

(April, annual)

This event marks the start of a new tourist season on the island. The multi-day celebration features a variety of events, from serene cherry blossom light-ups to the popular Sunset Café at Kuniga Coast. One of the most distinctive events is the community coastal clean-up at Kuniga Bay, where residents and visitors work together to help preserve the island's natural beauty.

***Event dates may vary each year. For the latest event schedules and announcements, please visit our official tourism website or follow our social media channels.**



Shūhaira and Niwa-no-mai at Hiyoshi Shrine (Uragō area)
(Even-numbered years)



Finding peace at Takuhi Shrine

Activities

From the thrill of the ocean to the heart of local
artistry, discover six unforgettable ways to experience
Nishinoshima.



The background image shows a dramatic coastal landscape. In the foreground, dark, layered rock formations meet the sea, with white foam from breaking waves visible. The water is a deep blue. In the middle ground, a green, grassy slope rises from the shore, with a narrow, light-colored path leading up towards a natural sea cave. The cave's opening is a dark, arched shape in the rock face. Above the cave, the cliff rises steeply, showing more rock layers and some sparse vegetation. The sky is a pale, overcast blue.

Sea Kayaking

Surrounded by clear blue waters, gliding along Kuniga Coast in a sea kayak is an unforgettable way to experience Nishinoshima's dramatic shoreline. Experienced local guides select the day's route according to weather and sea conditions, ensuring both safety and the best possible experience.



Organiser: Club Noah Oki



: mid-April – mid-November



: ① 9:00 am, ② 1:00 pm
(about 2 hours)



: JPY 6,500 per person
(life jacket and marine shoes included)



: Suitable for beginners | Age 9+



: Booking required



: Limited English support



: Please wear clothing suitable for marine sports.

Cycling

Cycling is one of the best ways to explore Nishinoshima at your own pace. Quiet coastal roads, dramatic scenery and fresh air make every ride a memorable experience. Whether you bring your own bicycle or rent one on the island, there's a route to suit every rider.



Organiser: Nishinoshima Tourism Association

🕒 : 9:00 am – 5:00 pm

🔄 : Same day return only

E-bike: Perfect for tackling Nishinoshima's hilly terrain, these e-bikes make it easy to reach scenic viewpoints over 200 metres above sea level. Each bike includes panniers and a weatherproof smartphone mount for comfortable, hands-free navigation.

🚲 : 11 bikes available

💰 : JPY 2,600 for 3 hours (insurance included)

Electric commuter bike: Ideal for shorter journeys around Beppu Port and Uragō, these easy-to-ride bicycles feature electric assist and a front basket for small bags and souvenirs.

🚲 : 19 bikes available

💰 : JPY 700/hours (insurance included)



Sightseeing Boat Tours

Experience the dramatic beauty of Nishinoshima's Kuniga Coast from the water. Cruise along the base of majestic sea cliffs, glide past rugged rock formations, and—if sea conditions allow—venture into mysterious sea caves for an ever-changing perspective of Nishinoshima's spectacular coastline.



Organiser: Oki Kanko Co. Ltd.

📅 : late March through October

🕒 : ①10:50 am – 12:20 pm, ②1:00 pm – 2:30 pm,
③3:00 pm – 4:30 pm

(about 1.5 hours)

💰 : JPY 4,000 per adult | JPY 2,000 per child

🆓 : No booking required

🗣️ : Tours conducted in Japanese

Sightseeing Bus

Ideal for visitors with limited time or those who prefer not to drive, the sightseeing bus connects many of Nishinoshima's best-known viewpoints. Along the way, you can even enjoy a scenic walk between Matengai Cliff to Tsūtenkyō Arch before rejoining the bus.



Organiser: Oki Kanko Co. Ltd.

📅 : late March through October

🕒 : ①1:00 pm – 2:45 pm, ③3:00 pm – 4:30 pm
(about 1.75 hours)

💰 : JPY 4,000 per adult | JPY 2,000 per child

🆓 : No booking required

Fabric Dyeing

Create a unique souvenir inspired by Nishinoshima's natural landscape at Takuhi-gama Kiln. In this two-hour, beginner-friendly workshop, you will be guided step by step in crafting a one-of-a-kind tenugui—a traditional rectangular cotton towel—using local clay as a natural dye. If the weather is kind, you will complete your creation by rinsing it at the shore, setting the colour in the most scenic way possible. Best of all, you will be able to take your handmade masterpiece home the very same day.



Organiser: Takuhi-gama Kiln

📅 : Year-round | Closed on Mondays & Tuesdays

🕒 : ①9:00 am, ②1:00 pm – 3:00 pm, ③3:00 pm – 4:30 pm
(about 2 hours)

💰 : JPY 4,400 per person

👥 : min. 2 participants

📅 : Booking required

🗣️ : Limited English support

👕 : Please wear clothes and shoes you don't mind getting messy



Local Cycling Tips

Crossing Cattle Grids:

At the entrances to pastures, you'll notice cattle grids (also known as Texas Gates). These help prevent cows and horses from wandering in or out. Please dismount and walk your bicycle across the grid, taking extra care as the metal bars can be slippery.



Park Considerately:

Bicycle racks are available at Kuniga Bay, Matengai Cliff, Akao Lookout and Onimai Lookout. Please use these racks when parking your bicycle to keep roads, paths and viewpoints safe and accessible for everyone.



Ride on the Left:

In Japan, bicycles travel on the left-hand side of the road, in the same direction as traffic. Please follow local traffic rules and ride with care.

Don't Drink and Ride:

In Japan, bicycles are legally classified as vehicles. Riding under the influence of alcohol is prohibited. Please enjoy your ride responsibly.



Planning a longer ride on the e-bike?

Nishinoshima's hills can drain an e-bike battery more quickly than expected. Replacement batteries are available at the **Nishinoshima Community Library** and the **Chūōkōminkan** in Uragō area, helping you continue your journey with confidence.



Nishinoshima Community Library
10:00 am – 7:00 pm
Closed on Wednesdays



Chūōkōminkan
8:30 am – 12:00 pm
1:30 pm – 5:15 pm
Closed on weekends

Island Flavours





Surrounded by the rich waters of the Sea of Japan and blessed with fertile pastures, Nishinoshima offers simple, honest cuisine shaped by the island's natural bounty. Fresh seafood takes centre stage, while seasonal ingredients and local recipes passed down through generations reflect the warmth of island life. Whether you're enjoying a freshly harvested oyster, a comforting local hotpot or a hearty home-style meal, every dish tells a story of the sea and the people who call this island home.



Rice cooked with turban shell



Iwagaki Oysters

Nishinoshima pioneered the cultivation of iwagaki oysters in Japan in 1992. Grown in the island's clean, nutrient-rich waters, these creamy, succulent oysters are now a signature delicacy of the Oki Islands.

The best time to enjoy them is from March to June, when they're at their most flavourful. Our iwagaki oysters are simply irresistible – a true taste of the sea and a point of local pride.



Sazae Turban Shell

Harvested from the rocky coastline surrounding the island, sazae turban shell is a seasonal favourite on Nishinoshima. Its subtle sweetness shines in signature dishes like sazae gohan (rice cooked with turban shell) and sazae curry. Springy and full of flavour, it is a must-try for anyone visiting the island.



Eriyaki Nabe

Originally prepared by fishermen while working at sea, eriyaki nabe is a local specialty. This fish stew features slices of fish and onion cooked in a sweet and spicy sauce, with the signature kick of eagle-claw chilli peppers. This flavourful dish is perfect for those who want to taste the essence of island life.

Restaurants & Cafés

Restaurants and cafés across Nishinoshima are independently owned, each offering its own interpretation of island cuisine. From fresh seafood and seasonal set meals to cosy cafés, you'll find welcoming places to relax and enjoy the flavours of the island. Scan the QR code for a complete list of dining options.



Kacchan's Dining Tip

Many cafés and restaurants on Nishinoshima open from 10:00 am. If you'd like an early start to your day, consider booking accommodation that includes breakfast.



Places to Stay

Whether you prefer a seaside hotel with sweeping ocean views, a cosy ryokan, a welcoming family-run minshuku or a peaceful campground surrounded by nature, Nishinoshima offers accommodation to suit every style of traveller. Many lodgings also serve meals prepared with fresh local ingredients, giving you the opportunity to savour authentic island cuisine throughout your stay. Wherever you choose to stay, you'll experience the warmth and hospitality that make island life so memorable.

Accommodation Directory

Scan the QR code for a complete list of accommodation providers on Nishinoshima.



Need Help Planning Your Stay?

If you're looking for recommendations or have specific travel requirements, please use the [enquiry form](#) via the QR code.



Camping on Nishinoshima

Spend a peaceful night beneath Nishinoshima's star-filled skies at the island's designated campground. Please bring your own camping equipment and, if using a camping stove, cook only in the designated cooking area.

To help protect the island's natural environment and respect local regulations, camping outside the official campground is not permitted. Thank you for helping keep Nishinoshima clean, safe and enjoyable for everyone.





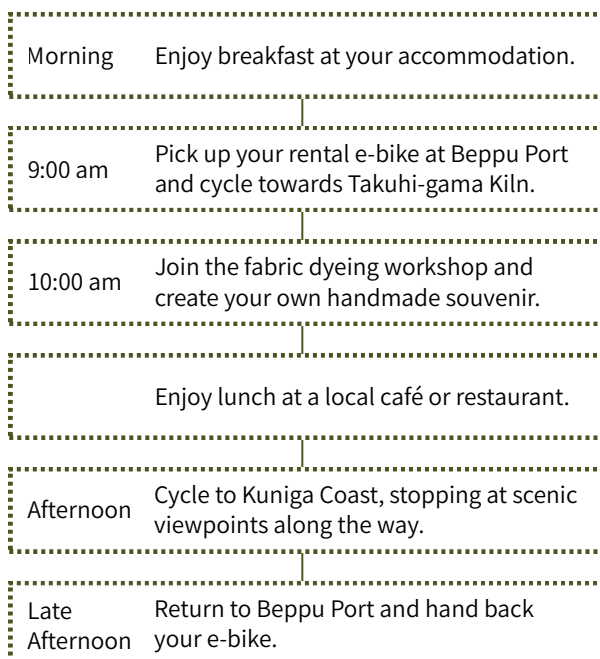
Golden hour at the Edge of the World

Your Perfect One-Day Itinerary

Staying on Nishinoshima? Make the most of your visit with these suggested one-day itineraries, combining outdoor adventure, spectacular landscapes and local experiences.

One Day on Two Wheels

Embark on a full day of adventure as you cycle through Nishinoshima's spectacular scenery, discover local craftsmanship and enjoy island flavours at your own pace.



One Day by Land & Sea

Discover Nishinoshima's spectacular coastline, experience the island from the sea and explore its iconic landscapes at your own pace.





Paddle away from the noise

Getting to Nishinoshima

Although Nishinoshima lies off Japan's mainland, reaching the island is straightforward with a little planning. Whether you travel by ferry or combine your journey with a domestic flight, the trip offers a chance to experience the beautiful scenery of the Sea of Japan before you arrive.

By Ferry

Nishinoshima is served by Oki Kisen ferries and the Rainbow Jet high-speed ferry, with departures from **Shichirui Port** (Shimane Prefecture) and **Sakaiminato Port** (Tottori Prefecture).

From **JR Matsue Station**, convenient connecting buses operate to both ferry terminals. Visitors travelling via **JR Yonago Station** can take the JR Sakai Line to **Sakaiminato Station**, where the ferry terminal is just a short walk away.

The ferry journey to **Beppu Port** takes approximately **3 hours**, while Rainbow Jet takes around 2 hours, depending on sea conditions. Ferry services generally operate **twice daily**, with additional sailings during the peak summer season. As timetables vary throughout the year, please check the latest schedule before travelling.

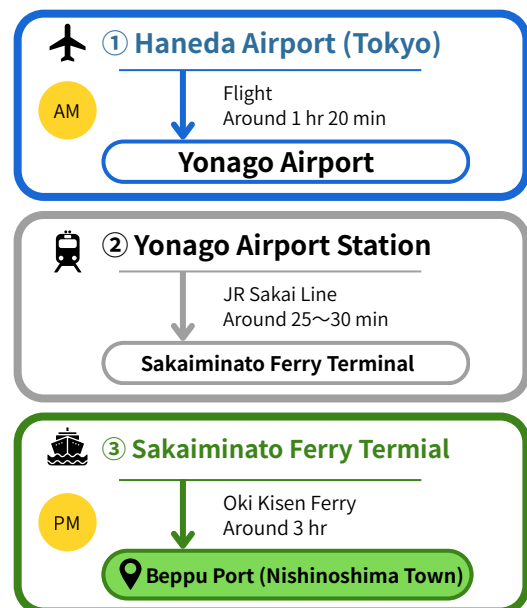
During holidays and other busy periods, ferry services can become fully booked. Advance reservations are strongly recommended.

⚠ Ferry Cancellations

As an island community, Nishinoshima relies on ferry services as its primary connection to mainland Japan. During periods of rough seas, ferry services may be delayed or cancelled, particularly during winter or when typhoons approach. The fast ferry Rainbow Jet, which travels on the surface of the water, is usually the first service to be suspended in adverse weather conditions.

When planning your trip, we recommend allowing some flexibility in your itinerary and considering a backup plan in case your arrival or departure is affected by the weather. Checking the latest ferry service information before travelling is also highly recommended.

From Tokyo to Nishinoshima:



By Air

Although Nishinoshima does not have an airport, travelling by air can reduce overall journey time.

One daily flight operates to **Oki Airport** (Okinoshima Town) from **Izumo Airport** and **Osaka Itami Airport**. From Oki Airport, transfer to the nearby ferry terminal and continue by ferry or Rainbow Jet to Beppu Port. Visitors travelling from Tokyo may also choose to fly to **Yonago Kitaro Airport**. From there, take a local bus or taxi to **JR Yonago Station**, travel by train to **Sakaiminato Station**, and board the ferry to Nishinoshima.



Okinoshima Town
(Dōgo)

Nishinoshima Town
(Nishinoshima Island)

Beppu Port

Ama Town
(Nakanoshima Island)

Chibu Village
(Chiburijima Island)

Shichirui Port

Sakaiminato Port

Yonago Airport

Matsue

Yonago

Getting Around Nishinoshima

Despite its rugged landscape, Nishinoshima is easy to explore. Whether you prefer driving, cycling, public transport or walking, there's a way to discover the island that suits your travel style.

By Car

Renting a car offers the greatest flexibility for exploring Nishinoshima, especially the spectacular Kuniga Coast and other scenic viewpoints. Many roads are narrow and winding, so please drive carefully and be prepared to give way to oncoming traffic. The road to Matengai Cliff, for example, is only just wide enough for the sightseeing bus in places. If you prefer not to drive, the town bus offers a convenient alternative, connecting Beppu Port with Uragō area, and stopping at key points around the island. It is a reliable and budget-friendly option for sightseeing.

 Overseas visitors must carry a valid International Driving Permit (IDP) or another document recognised under Japanese law, depending on the country that issued their licence. Please arrange the necessary documents before travelling to Japan.

By Bus

Nishinoshima Town's local bus offers a convenient and affordable way to explore the island. The bus connects Beppu Port—the main gateway to the island—with Uragō area and other key spots around the town. While the bus is primarily used by local residents, it is a reliable option for visitors to reach areas beyond walking distance.

- Flat fare (one-way): JPY 200 adult / JPY 100 child
- Cash only
- Limited daily services
- Timetable: Nishinoshima Tourism Association

By E-bike

Exploring Nishinoshima by e-bike is a relaxing way to experience the island's coastal scenery. Electric assist makes it easy to tackle the island's hills while enjoying quiet roads and spectacular views. See page 18 for Local Cycling Tips.

By Taxi

Taxis may not always be immediately available, especially in the evening. If you need to ride back to your accommodation after dinner or a visit to an izakaya, accommodation staff and restaurant owners are usually happy to help arrange a taxi if needed.

On Foot

Although the island is hilly, many attractions are connected by quiet roads and walking trails. Exploring on foot allows you to appreciate Nishinoshima's landscapes at a slower pace while discovering viewpoints and hidden corners along the way.



Town bus

Obon

Obon (13 – 16 August) is an important holiday period in Japan, when many people return to their hometowns to visit family graves. Ferry services and accommodation on Nishinoshima become extremely busy. If you're travelling during this period, book transport and accommodation well in advance.

The sending of Shara-bune spirit boats on 16 August marks the end of Obon on Nishinoshima.



Enjoying Nishinoshima Responsibly

Nishinoshima is home to a close-knit community where people and nature exist side by side. During your stay, you become part of that environment too. We kindly ask for your understanding and cooperation in helping preserve the island's natural beauty, local traditions and peaceful way of life.

Driving on the Island

Driving is one of the best ways to explore Nishinoshima, but many roads are narrow, winding and shared with local residents, buses and large vehicles. Please drive slowly, stay alert for oncoming traffic and use passing places where provided.

On the western side of the island, roads pass through open pastures where cows and horses roam freely. It is not unusual to encounter animals resting on or crossing the road. If this happens, remain inside your vehicle, drive with patience, and wait for the animals to move away naturally before continuing your journey.

Stay on Designated Trails

Please stay on designated trails and paths when exploring Nishinoshima. Venturing off marked routes can damage fragile vegetation, disturb wildlife and contribute to soil erosion. By keeping to the trails, you help protect the island's unique natural environment for future generations to enjoy.

No Littering

Please take your rubbish with you and dispose of it at your accommodation or designated facilities. Bins beside vending machines are for bottles and cans only.

Quiet Hours

Many parts of Nishinoshima are quiet residential areas. Please keep noise to a minimum, especially during the early morning and evening, and avoid playing loud music or making excessive noise.

Limited Business Hours

Many shops, cafés and restaurants on Nishinoshima are small, independently operated businesses with limited staff. As a result, some establishments may close between lunch and dinner, operate shorter business hours, or close on certain days of the week. We recommend checking opening hours in advance and planning your visit accordingly. Thank you for your understanding and support of our local businesses.

Pasture Safety

Kuniga Coast is a living landscape where free-roaming horses and cattle have grazed for generations. Their grazing plays an important role in maintaining the open grasslands that make this iconic scenery possible.

For your safety and the animal's well-being, please keep a respectful distance at all times. Do not feed, touch, or startle the animals, and avoid approaching calves. Never place yourself between a mother and her young, as protective behaviour may occur. If animals are resting on or crossing the road, remain patient and allow them to move away naturally before continuing your journey.



Beach Safety and Etiquette

For your safety, please swim only at the designated beaches during the official swimming season. Avoid swimming alone, and always check the weather and sea conditions before entering the water.

To enjoy your visit comfortably, we recommend wearing a rash guard and water shoes to protect yourself from the sun, rocks and shells. Remember to apply sunscreen, stay hydrated, and bring a change of clothes if you plan to continue sightseeing after your visit to the beach.

Please help keep our beaches clean by taking all rubbish with you and respecting other beach users.

Sun Safety

Shade is limited at Kuniga Coast, particularly during summer. Wear sunscreen, sunglasses and protective clothing, drink plenty of water and don't underestimate the cooling effect of the sea breeze.

Fishery Rights

Collecting shellfish and other marine life is prohibited without the appropriate fishing rights. Fishery rights are strictly regulated in the waters around the Oki Islands. Please do not collect marine life such as abalone, sazae turban shell, sea urchins, or other shellfish. These resources are protected by law, and unauthorized harvesting is a legal offense that may result in penalties. Thank you for helping preserve the marine environment and respecting local livelihoods.

Respect Local Culture and Customs

Traditions have been carefully preserved for generations on the island. Throughout the year, local shrines host festivals, ceremonies and rituals that remain an important part of island life and, in many cases, hold deep religious significance.

When visiting these events, please be respectful of local customs and follow any instructions from organisers. Avoid loud conversations or disruptive behaviour, and ask for permission before taking close-up photographs of participants whenever appropriate. A little consideration helps ensure these traditions can continue to be enjoyed by both the local community and future visitors.

Thank you for helping us preserve Nishinoshima for future generations. By travelling responsibly, you'll help protect the island's landscapes, traditions and community while enjoying a more meaningful visit yourself.



Stay in Touch

Whether you're planning your trip, making a booking, or looking for more information, we're here to help.

Visitor Information, Enquiries & Bookings

Nishinoshima Tourism Association

📍 4386-3 Mita, Nishinoshima Town,
Oki Islands, Shimane, 684-0303, Japan

☎ +81-8514-7-8888

📠 +81-8514-7-8890

🌐 <https://nkk-oki.com/english>



Drone & Commercial Filming Permits

Industry Promotion Division, Nishinoshima Town

📍 600-4 Mita, Nishinoshima Town,
Oki Islands, Shimane, 684-0303, Japan

✉ sangyou-shinkou@town.nishinoshima.shimane.jp



We hope this guide inspires you to discover the beauty, culture and warm hospitality of Nishinoshima. We look forward to welcoming you to our island.